

A Handbook:

Living With Advanced Prostate Cancer

When PSA Rises During Hormone Therapy

NEW!
For Patients With Advanced or
Hormone-Refractory Prostate Cancer

A FREE handbook to help patients manage
advanced prostate cancer

**Hormone-
Refractory
Prostate Cancer**

**Androgen-Independent
Prostate Cancer**
**Hormone-
Insensitive
Prostate Cancer**
**Androgen-
Insensitive
Prostate Cancer**

Prepared by the members of the
Multidisciplinary Advanced Prostate Cancer Task Force

Provided as an educational service of the

INSTITUTE
FOR CONTINUING HEALTHCARE EDUCATION

Supported by an educational grant from

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ORDER YOUR HANDBOOK TODAY

Prostate cancer is the most common type of cancer found in American men after skin cancer. The American Cancer Society estimates that there will be about 232,090 new cases of prostate cancer in the United States in 2005. About 30,350 men will die of this disease.¹

1. Available at: http://www.cancer.org/docroot/CRI/content/CRI_2_2_1X_How_many_men_get_prostate_cancer_36.asp?nav=cri. Accessed March 28, 2005.

“...I’m excited about the publication. It does fill a need. It fills a big hole. If we can just give hope to some of these patients... that makes it all worthwhile...”

Manny Hamelburg, Board Member
Massachusetts Prostate Cancer Coalition
Advanced Prostate Cancer Survivor

“First and foremost, we have always said ‘patients first.’ I think of this handbook as the launching pad. This will truly benefit patients with HRPC.”

Mark Moyad, MD, MPH

“The average prostate cancer survivor is very uninformed, even though he’s been in that position for a long time. He would rather pass it off to the physician to be his filter. He should find out in simple terms what his options are and then follow those options. And if it doesn’t work, then he knows what the other options are.”

Paul Anderson
Advanced Prostate Cancer Survivor

“...I’m excited personally and organizationally to be a part of the development process, because... this fills a huge need that we’ve had for a long time.”

Wendy Poage, Executive Director
Prostate Cancer Education Council

A Handbook:

Living With Advanced Prostate Cancer

When PSA Rises During Hormone Therapy

This is the first simple and comprehensive handbook for patients living with advanced prostate cancer, developed by a group of professionals and patients with expertise in advanced prostate cancer. This Multidisciplinary Advanced Prostate Cancer Task Force includes nationally known medical experts, representatives from major advocacy and research groups, survivors, and caregivers.

Contents include:

Medical Issues

- A brief review of prostate cancer and its progression
- Treatment options and managing side effects
- Pain and pain management
- Your treatment team
- Why and how patients should keep their own records

Other Ways Patients Can Improve Outcomes and Quality of Life

- The value of support
- Alternative therapies: how to assess and use them
- The role of diet and fitness
- Understanding medical terms and research
- Lists of resources

...and much more

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